



Rock, Paper, Scissors

What's needed

- 9x Action Mats
- 4x Arrow Mats
- 4x Target Mats
- Bean Bags

How to play

Number of players = 10.

Eight kids start on the Mini Mats, with the ninth and tenth on the bean bag toss mat taking it in turns to land bean bags onto targets. They are the substitutes.

The eight kids all do 10 reps of each mat they are on, and, once everyone has done ten, the front two perform rock, paper, scissors.

Whoever, loses swaps with the player behind them and they have a go.

If they lose again, then both of them swap with the two players of the bean bag toss.

The teacher can swap main players with subs at any time to ensure everyone is occupied and getting a go at the main activity.

The Setup

